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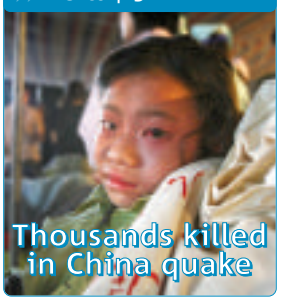

$30B defence plan unveiled

Tory strategy eyes equipment upgrades, increase in personnel

By **ROBYN YOUNG**
Metro Halifax

Prime Minister Stephen Harper was in Halifax yesterday to announce a long-term, $30-billion Canadian defence plan that will infuse the Canadian Forces with new or upgraded equipment and about 10,000 more military personnel over the next 20 years.

Harper said if a country wants to be taken seriously, it must have the capacity to act.

"Otherwise you forfeit your right to be a player," he said.

But as Harper and Defence Minister Peter MacKay unveiled the details of the plan, some were left questioning what was actually new.

Many of the items in the strategy had been previously announced.

"The newest thing about this announcement is that it is a long-term plan," Harper told the media and about 200 military personnel at the Halifax Armoury.

The Canada First Defence Strategy will increase the regular force personnel from 65,000 to 70,000 and reserve personnel from 24,000 to 30,000.

many improvements

The Canada First Defence Strategy calls for:
- **15 new surface combat ships to replace the aging fleet of destroyers and frigates.**
- **10 to 12 new maritime patrol aircraft to replace the Aurora fleet.**
- **17 new fixed-wing search-and-rescue aircraft.**
- **65 Next Generation fighter aircraft to replace the CF18.**
- **A new family of land combat vehicles.**

The government announced this increase in 2006 but said in a release last November the numbers weren't accounted for in federal spending.

In addition to people, the strategy will ensure the Canadian Forces has the equipment it needs to do its job.

"Government in the past was finding that it was responding to the problems of rust-out and obsolescence of equipment by announcing 'one-off' purchases as the budget allowed," Harper said.

For the first time in modern history, said MacKay, the Canadian Forces will be able to plan for the future.

Several pieces on the equipment renewal list have already been announced in the past year.

Harper said the government will invest in six categories of equipment but he was unable to offer specific timelines or costs.

"We're obviously not going to unveil some of the financial numbers or exact timing of some of those because they will be subject to negotiations with some of the suppliers," he said.

MacKay added that over the next 20 years, six of the Canadian Forces fleets will reach the end of their operational lives and need to be replaced.

– robyn.young@metronews.ca

» celeb buzz p.14

best bodies
Justin, Jessica top Buffest Couple list

» ottawa p.2

WSIB head in hot water for hosting bash at swanky bar

» sports p.8

Canuck bats may take hit

High 22°
Low 9°
WEATHER P. 15

TIM WIECLAWSKI/METRO OTTAWA

Top brass

The brass section of an orchestra made up of some of the most outstanding high school musicians from across Canada perform during a rehearsal session of Musicfest at the University of Ottawa's Tabaret Hall yesterday afternoon. More than 10,000 student musicians from across Canada are in Ottawa to participate in the weeklong festival. **Story, page 2.**

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ottawa

The Ottawa Hospital's care for health is extending to the environment, according to Hydro Ottawa, which yesterday said the hospital's $17-million retrofitting projects will save it $1.2 million a year in electricity costs and reduce its greenhouse gas emissions by 8,185 tons. SOURCE: HYDRO OTTAWA COMPANIES FOR CONSERVATION

Swanky dinner leads to trouble

WSIB head taken to task over Ottawa reception

The provincial labour minister Brad Duguid is hauling embattled WSIB chair Steve Mahoney onto the carpet for hosting a swank reception in Ottawa for MPs.

It emerged yesterday that Mahoney was "wining and dining" federal pals last week in Ottawa, at the Martini Ranch in Hy's Steakhouse. While the former Liberal MPP, MP, and federal cabinet minister insisted the May 5 event was "fully justified," provincial officials were less certain.

Progressive Conservative MPP Tim Hudak caught the Liberals flatfooted in Question Period when he asked why the head of the arm's-length Workplace Safety and Insurance Board that helps injured workers was lobbying MPs.

"It was an inappropriate use of funds — that were supposed to be used for injured workers — to have this high-end soiree at the swankiest bar in Ottawa," Hudak said. "You've got to wonder what this guy has to do before he's shown the door."

Duguid and Premier Dalton McGuinty were visibly flustered when Hudak ambushed them in the House. The minister afterwards said the government was not "made aware of this reception.

"I will be speaking to (the WSIB chair) to ensure that indeed the message is sent that we want to make sure that any expenditure of taxpayers' dollars is done responsibly."

Mahoney said he met with Liberal, Conservative and NDP MPs about flag-lowering ceremonies for injured workers and concerns with the federal bankruptcy and solvency act that could affect employees on workers' compensation.

"The only reason it was at Hy's is that we couldn't get a room on the Hill," he said, adding the reception cost less than $1,000 and he paid for all alcohol and for a subsequent steak dinner with up to eight MPs out of his own pocket.

NDP Leader Howard Hampton called for Mahoney's resignation last month after a probe found the WSIB gave millions in rebates to firms prosecuted by Ontario and found guilty of safety violations, leading to deaths and injuries.

TORSTAR NEWS SERVICES

big-name guests

» Justice Minister Rob Nicholson and Tory MPs Jay Hill and David Tilson joined Liberal MPs Wayne Easter and Judy Sgro, NDP MP Peter Stoffer and Speaker Peter Milliken, among others, at the posh bar.

Musicfest draws 10,000 of Canada's top youth

By **TIM WIECLAWSKI**
Metro Ottawa

In her home town of Burnaby, B.C., Grade 11 student Maia Smith is one of the top clarinet players around.

But this week, in Ottawa, she's finding herself just one in a pack of 10,000.

"It's hard because everyone here is the best in their city, and then you come here and there are better people," she said.

"But it's inspirational to come here and see people who are better than the ones who think they're the best."

The young musicians are attending the 36th annual Musicfest, a week-long festival that draws the top 300 orchestras, choirs and ensembles from 89 regional festivals across Canada.

Jim Howard, executive director of Musicfest, said the students represent the top musical programs in Canada. Over 36 years of the program, Howard said there's a good chance that any working musician in Canada probably played in Musicfest at one time. Bryan Adams and Diana Krall are alumni.

While they are here, performers will be judged in the competitive part of the festival against a performance standard.

"They are being evaluated on the basis of how well they play the music that they have chosen," he said.

Individual outstanding performers from each group can earn a share of $100,000 in scholarship money.

The cash was not something on Smith's mind yesterday, though.

"Being with a whole bunch who really love playing music, is something that is really inspirational," she said.

Performances are open to the public daily at the National Arts Centre, while jazz bands will be performing at the University of Ottawa and choirs at the Dominion-Chalmers United Church.

Quebec Liberals hold Hull

Maryse Gaudreault retained the Hull riding for the ruling Liberals in one of three by-elections held for Quebec's National Assembly yesterday.

Gaudreault was one of six candidates on the ballot to replace Liberal Roch Cholette, who resigned this year. Hull voters have long supported the Liberals provincially, but voter turnout was soft, with just over a third of 48,335 registered voters casting ballots.

Other candidates were, in order of votes received: Dr. Gilles Aube (Parti Quebecois); Bill Clennett (Quebec Solidaire); Brian Gibb (Green Party); Jean-Philip Ruel (Action Democratique); and Jean-Roch Villemarie (Partie Independentiste).

Gaudreault won with 7,431 votes, 1,855 votes ahead of Aube.

METRO OTTAWA

Cracking down on dangerous drivers

OPP will be busy making roads safer this summer

By **TIM WIECLAWSKI**
Metro Ottawa

Hoping to reverse a disturbing spike in the number of fatal collisions on local highways, Ottawa provincial police are ready to put the brakes on aggressive and dangerous drivers this summer.

At the OPP's launch of Canada Road Safety Week yesterday, Inspector Chris Lungstrass warned that it will be nearly impossible to travel from Ottawa to Renfrew without seeing three fully-marked OPP patrol cars as police increase patrol presence to hunt down aggressive drivers. Officers will be conducting seatbelt and RIDE checks and be on the watch for speeders.

TIM WIECLAWSKI/METRO OTTAWA

OPP Constable Rob Kern watches for speeding vehicles on Highway 417 yesterday through a laser speed gun.

The reason for the blitz has to do with statistics. The number of traffic fatalities on highways 417 and 17 jumped from six to 15 last year – a disturbing upward trend police want to arrest, considering most of the fatal collisions were the result of overly aggressive driving.

"That's 15 families that have to deal with the impact of the loss," Lungstrass said.

Lungstrass said people must account for delays in their travel plans, slow down and be considerate of other motorists.

During Canada Road Safety Week, Ottawa Police will be beefing up enforcement at the 10 worst intersections in the city. Last year, there were 40 collision-related fatalities in Ottawa.

Sgt. Marc Benson said they would be joining forces with the OPP, Gatineau Police and the RCMP for a RIDE check on Thursday night.

Gatineau Police are also reminding people to buckle-up and drive safely. Last year 12 people died in vehicle collisions there and 848 other were injured.

Since Operation Ottawa Valley Highway launched in February, 1,004 drivers have been charged and 87 collisions were investigated.

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City needs independent health board, report says

By **TIM WIECLAWSKI**
Metro Ottawa

Council might soon be handing off its public health responsibilities in a bid to sidestep the "politicizing" of health issues some councillors say is prevalent.

A report coming to committee Thursday recommends that Ottawa create an independent board of health, made up of six city councillors, six citizen experts and a school board representative.

Councillor Peggy Feltmate said the need for a separate board of health arose from several instances in which she said municipal politics played too large a role in deciding health issues, including the cancellation of the crack pipe and drug needle distribution program.

"That was one of the times I felt we were not using our powers as the board of health wisely," he said.

Coun. Diane Deans said she would be supporting a change in the governance structure in an effort to divorce politics from health issues, though she suggested the earliest a change could be made would be next year.

one of 10

» Ottawa is one of 10 Ontario municipalities that have city council act as its board of health. Of Ontario's 36 boards of health, 22 are autonomous and four others are independent but integrated into the municipal bureaucracy.

Medical Officer of Health Isra Levy said the proposed model would be able to focus more on health issues than council is able to commit right now.

He said that an independent board of health would still not settle the argument over distributing crack pipes and drug needles, for example, but it would be able to look at the issue differently than city council.

"The nature of these debates reflects the issues themselves. It is a combination of science and community need and concern, that is relevant to be discussed by a board of health," he said.

"Perhaps this might ensure those discussions take place in a context that focuses more on the science and public health than might otherwise happen."

canada

Calgary Zoo staff is stunned after the mysterious deaths of 34 of 43 stingrays in its popular aquatic exhibit Sunday and yesterday. The zoo closed the stingray exhibit after a ray keeper noticed "erratic behaviour" from the aquatic creatures. Nine more are in quarantine. METRO NEWS SERVICE

Tories target pump worries

Gas retailers who overcharge could face heftier fines

Canada's Conservative government says it can't do anything about the high price of gasoline but yesterday it promised to make sure consumers get what they pay for when they fuel up their cars.

economy

» The Conservative government is increasingly battling a public perception that the economy is headed downhill, with high fuel prices being the most visible sign.

Industry Minister Jim Prentice told Parliament he wants to impose fines of $10,000 on gas retailers who overcharge customers due to faulty pumps, instead of the current fine of $1,000, and make pump inspections mandatory every two years.

He has asked the agency responsible for inspecting retail gas stations, Measurements Canada, to prepare regulatory changes for later this year and to intensify inspections over the summer.

"So that consumers are protected over the summer and in the travel season, I've instructed that there be beefed up inspection and beefed up verification that pumps are honest and accurate," Prentice later told reporters.

The announcement came after a newspaper report showed that one in 20 gas pumps tested in Canada between 1999 and 2007 dispensed less fuel than it was supposed to.

The Ottawa Citizen story said the margin of error at the pumps was small, but it touched a raw nerve in Canadians feeling the squeeze from skyrocketing gasoline prices. REUTERS

Flaherty rejects review

Ontario taxpayers crying foul over equalization

Ontario taxpayers have no right to complain that they are being shortchanged in Canada's wealth-sharing system, Finance Minister Jim Flaherty says.

Flaherty was rejecting calls to rethink the federal equalization program because of Ontario's economic decline. That program, under which money from taxpayers in richer provinces is distributed by Ottawa to so-called "have-not" provinces, is certain to be a hot topic when Flaherty meets with his provincial counterparts in a few weeks.

But Flaherty is rejecting Ontario Premier Dalton McGuinty's argument that equalization must be reviewed because it no longer works.

Federal taxpayers in Ontario have consistently supplied the bulk of the money to fund Ottawa's transfers under this program to poorer provinces. But today, Ontario's economy is sputtering and resource-rich provinces are showing strong growth. As a result, Ontario taxpayers could by next year end up subsidizing equalization cash for others even as they drop into the category of a "have-not" province themselves.

But Flaherty, who was in Toronto for an economic speech, showed no sympathy for McGuinty's complaint that Ontario taxpayers regularly ship billions of dollars more — $21 billion more in 2005 — to Ottawa than they receive back in services.

This so-called "gap," Flaherty told a business audience, "has never been anything other than a reflection of Ontario's prosperity." TORSTAR NEWS SERVICE

CHRIS WATTIE /REUTERS

Finance Minister Jim Flaherty speaks during Question Period in the House of Commons on Parliament Hill in Ottawa yesterday.

Ontario man a poker champ

Grandfather, 49, wins $1 million in Barcelona tourney

With a million dollars on its way to his bank account, Jack Hinchey says he might buy a new home.

"I might downsize into a bungalow," the Oshawa, Ont., man says, figuring the two-storey house he has now is too much space for a single guy. "But if I move," he says, "it wouldn't be for a while."

And while he's a car lover, Hinchey says he has no desire to go out and buy a new Ferrari, either.

"Although I did drive one, the day after I won" and he loved the road test. "But I've got a 1999 GM Sierra Pickup that is just fine."

Also just fine was the king and queen that the 49-year-old plumbing mechanic was dealt as hole cards in the final hand of the Spanish World Poker Crown tournament near Barcelona.

CARLOS OSORIO/TORSTAR NEWS SERVICE

Jack Hinchey poses for a photo with the two cards he held in his hand as the flop came down and a photo of his granddaughter, Victoria, 10, which he uses as a good luck charm.

His opponent went all in, a final gamble to try to stave off elimination at the Texas hold 'em tournament last Thursday.

Over the next five minutes, Hinchey said he was so intent on studying the other player's hand as the five shared cards were exposed that while he knew he won, he didn't realize until later that he had a full house to claim the final pot.

Since arriving home Sunday, Hinchey has decided to quit his long-time job with a local plumbing company to play poker full-time. TORSTAR NEWS SERVICE

Quake, cyclone cause DART dilemma

Ottawa may find itself having to weigh one disaster against another. The government has offered Canada's military Disaster Assistance Response Team to bolster relief efforts in Burma after last week's cyclone left tens of thousands dead. But Burma's hardline regime is dragging its heels.

request

» So far, there has been no official request for aid from China.

A nine-member DART assessment team is stuck in Thailand and unable to cross the border into Burma, also known as Myanmar, Department of National Defence spokesperson Maj. Julie Roberge said yesterday.

Meanwhile, the Toronto-based Chinese Canadian National Council is urging Ottawa to send the 210-strong disaster team to China where the death toll from yesterday's earthquake approached 10,000.

Any request for the team's help must come from the Chinese government, said Roberge, with the Canadian Expeditionary Force Command Headquarters.

"Then it has to be the decision of our government," she told Torstar News Service.

"Until they give us a different direction, our focus is on Myanmar. We are tracking what's going on in China and we're always ready to go anywhere." Asked if DART could cope with both catastrophes at once, Roberge would only say that usually the whole team is sent to one location to provide medical care, drinking water and communications assistance. TORSTAR NEWS SERVICE

MORE COVERAGE, PAGE 5

»news In Brief

» **CRIME** The 60-year-old owner of an adult video store in Toronto was severely beaten in a late-night robbery Sunday, and lay semi-conscious in the store until he was found the next morning. Roman Ronish discovered his injured brother, George, when he arrived at Super Adult Videos around 6:45 a.m. yesterday.

» **FERRY** The newest addition to the B.C. Ferries fleet is in London, England, acting as a giant "floating billboard" for British Columbia and the Vancouver 2010 Winter Olympic Games. The MV Coastal Celebration arrived in London yesterday morning for a special promotional stop on its way home to B.C. from Germany where it was built.

» **LABOUR** Nurses in Saskatchewan were offered a healthy raise yesterday after a hiatus in labour negotiations, CBC News Online reports. The province has tabled a 27 per cent wage hike over four years to the 7,200 members of the Saskatchewan Union of Nurses. METRO NEWS SERVICE

Six foals will be born at the RCMP breeding farm in Pakenham, Ont., this spring, and the Mounties want kids younger than 14 to name them. Names must start with F and be six letters or less. Enter at http://www.rcmp-grc.ca. METRO NEWS SERVICES

Taser boss defends safety

Risk of death 'extremely low,' inquiry hears

By **JEFF HODSON**
Metro Vancouver

There is no "magic bullet" use-of-force option available to police that eliminates the risk of death, the head of Taser International Inc. told a public inquiry into the use of conducted energy weapons yesterday.

Thomas Smith, who co-founded Taser with his brother Patrick in 1993, told the Braidwood Inquiry here that the risk of death from a Taser is "extremely low" and safer — for police and suspects — than batons or pepper spray.

no comment

» Taser International co-founder Thomas Smith refused to speculate whether Taser use might have had a role in the death of Polish immigrant Robert Dziekanski, saying he's waiting for a medical examiner to determine how Dziekanski died.

The rate of injury from a Taser — sustained when a person falls to the ground after being zapped — is similar to that of college athletics, Smith said.

The Braidwood Inquiry, which began last week to look at the use of stun guns by municipal police, was called following the death of Robert Dziekanski, a Polish immigrant who died after he was Tasered by RCMP at Vancouver's airport.

The incident was captured on amateur video and was broadcast around the world.

"It's a tragic situation," Smith said of Dziekanski's death. "Our hearts go out the family. I can't even begin to know what that family is going through."

–jeff.hodson@metronews.ca

METRO EDMONTON

This female brown mallard is the only surviving duck of an estimated 500.

Sole survivor hanging on

By **VICTORIA HANDYSIDES**
Metro Edmonton

A female mallard duck is the only surviving creature that took a dip in Syncrude's toxic tailings pond that will live to tell the tale.

In total, 18 birds have been brought to the Wildlife Rehabilitation Society of Edmonton from different tailings ponds in the Fort McMurray area. Only six have survived.

"I certainly hope that they'll make a full recovery, but I can't guarantee that they will," said Coleen Doucette, operations manager of Focus Wildlife Emergency Response. "The research has shown that animals can live for years and years after going through something like this."

Doucette and a full staff of wildlife recovery specialists have been working around the clock to clean the remaining four loons and two ducks. If all survive, they should be ready to be released back into the wild within one to two weeks.

The companies who created the inhabitable water sources are responsible for footing the cleaning and medical bills, which "could be tens of thousands of dollars," Doucette said.

Protester claims attack by guards

Alleges physical confrontation unprovoked

By **KRISTA SYLVESTER**
Metro Calgary

A protester is asking for a public apology after two security guards allegedly attacked him without provocation.

Calgary investor Atul Jain said he was packing up after a protest at the Deerfoot Mall parking lot where the Shrine Circus was being held on Sunday when he was physically confronted by the guards.

"This guy came at me and said, 'Give me your sign,' so I pulled back and then he jumped at me and then the other lunged at me and knocked me to the ground," Jain told Metro, adding he was then handcuffed.

Jain said he suffered cuts and abrasions on his arms and hands, and X-rays showed he also suffered damaged ribs in the altercation.

SUBMITTED

ROBIN KUNSKI/FOR METRO CALGARY

Calgarian Atul Jain alleges he and others were attacked by two security guards after a protest in Calgary on Sunday. Jain said they were on public property at the time of the takedown (inset).

There were only five protestors left at the time, including 24-year-old Laura Johnson and her boyfriend 25-year-old Alex McKinnon, who was also allegedly pushed in the incident.

Police were called but decided not to lay charges. An ambulance also treated Jain's injuries on scene.

Deerfoot Mall general manager Debra Mathias told Metro they are investigating the incident. "(The security guards) are not our direct employees, they are contracted out by Canstar Security, so we are waiting to get both sides of the story," she said.

Repeated calls to Canstar Security went unreturned.

Neighbour condemns vandalism

By **LINDSAY JONES**
Metro Halifax

Lindy Weilgart called the vandalism of her neighbours' half-built Herring Cove home "a terrible, terrible act" yesterday after her son was released on bail for charges related to the incident.

"My heart goes out to the Dempseys," Weilgart told reporters yesterday. "This is a terrible, terrible act."

Benjamin Weilgart-Whitehead, 21, was arraigned yesterday in Halifax provincial court on charges of mischief over $5,000 and breaking and entering into Tom and Corrinne Dempsey's home under construction at 1594 John Brackett Dr. on Saturday.

The Dempseys are involved in a bitter legal dispute with neighbours Weilgart and Hal Whitehouse, both renowned whale researchers at Dalhousie University, over where on the lot they can construct the home.

A Supreme Court of Nova Scotia justice recently dismissed an appeal launched by the Weilgart and Whitehouse couple to overturn a municipal decision that allowed the Dempsey home to be built closer than normal to their property line.

Weilgart-Whitehead will return to court to make an election June 26.

Paralympics **Awareness**

RAFE ARNOTT/METRO VANCOUVER

Jen Krempien, five-time Paralympian medallist, discusses the Summer Games in Beijing with Robert Hedges at GF Strong Rehabilitation Centre yesterday. The two are part of a contingent of athletes competing in China who are raising awareness about the Paralympic Games.

Second accused gets bail in murders

24-year-old charged in Mountie killings

By **JEFF CUMMINGS**
Metro Edmonton

The second of two men charged with first degree murder in the deaths of four Alberta Mounties near Mayerthorpe on March 3, 2005, was granted bail by a Court of Queen's Bench Justice yesterday.

Dennis Cheeseman, 24, who has been in jail for 10 months, is expected to be freed Friday as his family agreed has agreed to put up $245,000 in sureties for his release, including $10,000 in cash.

Shawn Hennessey, 28, was granted bail last month after his family put up $525,000 in cash for his release, including $25,000 cash.

Cheeseman

The entire ruling, read by Justice Mary Moreau, can't be reported because of a media publication ban, including details behind her decision.

Cheeseman must follow strict conditions, including an order to maintain his employment along with reporting to a parole officer. Cheeseman must also not talk to Hennessey along with others who have criminal pasts.

The decision came hours before Cheeseman and his brother-in-law Hennessey made an appearance for a preliminary hearing on their charges at a provincial courtroom in Stony Plain.

The preliminary hearing will determine whether there is enough evidence to send the pair to trail. Details of the hearing yesterday cannot be reported because of a media publication ban.

world

The parents of two 10-year-old boys who believe vaccines caused their sons to develop autism brought their case to U.S. federal court yesterday, arguing a mercury preservative in the shots caused a rare reaction. REUTERS

China quake kills 10,000

Worst disaster since 1976 when 300,000 died

An earthquake devastated southwestern China yesterday, killing 10,000 people and trapping hundreds of others under flattened schools, factories and houses.

The 7.8 magnitude quake, centred in Sichuan province, struck in the middle of the school day and toppled at least eight schools. Factories and at least one hospital were also razed, trapping hundreds more, state media said.

The death toll appeared likely to climb in China's worst earthquake in over three decades.

In Shefang city in Sichuan, 6,000 residents were evacuated after two chemical plants were levelled, trapping more than one hundred people and spilling corrosive liquids.

The government has rushed troops and medical teams to dig for survivors and treat the injured. State television showed Premier Wen Jiabao, who flew to Sichuan, shouting words of hope to people buried under heavy concrete ruins.

"Everyone hang in there. We're rescuing you," he yelled into a hole as survivors nearby wept and moaned.

The quake was the worst to hit China since the 1976 Tangshan earthquake in northeastern China where up to 300,000 died.

This time the devastation was worst in hilly farming country, where winding roads can be hard travel even in normal times. The area is near the famed Wolong panda reserve.

The disaster comes as China prepares to host the Olympic Games in August and has been struggling to keep a lid on unrest in ethnic Tibetan areas. REUTERS

STRINGER/REUTERS

An injured student cries while receiving medical checks near the debris of a collapsed building at a primary school at Liangping County after an earthquake in Chongqing municipality yesterday.

Obama expecting big loss in West Virginia

Polls show Clinton ahead by nearly twenty points

Democratic front-runner Barack Obama made a brief stop in West Virginia yesterday before an expected bad loss there to rival Hillary Clinton, but looked past the contest to plan for November's presidential campaign.

During a six-hour West Virginia trip, Obama announced he would visit the crucial November battleground states of Missouri, Florida and Michigan over the next week as he eyes a likely general election fight with Republican John McCain.

"There is an election here tomorrow. I am extraordinarily honoured that some of you will support me," he told a rally in Charleston. "I understand that many more here in West Virginia will probably support Senator Clinton."

Obama has a big lead on Clinton in their duel for the Democratic presidential nomination, but appears headed to a bad defeat in West Virginia, where polls show her ahead by more than 20 points. Even with the win, Clinton cannot catch Obama. REUTERS

Senator Hillary Clinton

not giving up

» Clinton has resisted calls to give up the fight and allow Obama to focus on the November race with McCain, even though her campaign is at least $20 million in debt.

Wounds run deep from Beirut takeover

Revenge against Hezbollah likely

Hezbollah's takeover of Beirut lasted only two days, but it could take years to repair the damage the show of force has done to relations between Sunni and Shiite Muslims in the capital.

political

» Hezbollah maintains that the conflict is political, not sectarian.

"Things will never be the same again," said Ahmed, describing how gunmen held a rifle to his brother's head during the takeover by Hezbollah and Amal — Shi'ite factions whose fighters swept through the capital on Thursday and Friday.

Their main targets were offices of the Future group — the political faction of governing coalition leader Saad al-Hariri, who draws most of his support from the Sunni community.

Acts of revenge were a certainty. "Not by me, but I know a lot of guys who will seek revenge," he said, describing how the gunmen had shouted sectarian abuse during their attack. REUTERS

STRINGER/REUTERS

Cyclone Nargis survivors collect rice at their makeshift refugee centre yesterday. As many as 100,000 people are feared to have died.

U.S. blasts Myanmar response

Latest numbers fear 100,000 dead

The United States will send two more aid flights to cyclone-stricken Myanmar and offer $13 million more in aid through UN agencies even though U.S. officials involved in the relief effort have not been allowed beyond Yangon airport, U.S. officials said yesterday.

As the first U.S. aid flight arrived in Myanmar yesterday, U.S. President George W. Bush condemned the country's military junta for failing to act more quickly to accept international help after Cyclone Nargis devastated the country, saying "either they are isolated or callous."

"It's been days and no telling how many people have lost their lives as a result of the slow response," Bush said in a radio interview with CBS News. "An American plane finally went in, but the response isn't good enough."

The latest numbers from the UN say 1.5 million people are in need of immediate assistance and a 100,000 are feared dead. REUTERS

»news In Brief

» **KHADR** The United States paid Pakistan a $500,000 bounty for the 2004 capture of Canadian Abdullah Khadr, court documents confirm for the first time yesterday. The federal court decision released yesterday also notes that Canada was aware of the payment shortly after Khadr was captured. TORSTAR NEWS SERVICE

West influence

Iran to crack down on 'immoral' acts

ISLAMIC Iranian police will launch a crackdown this week on "indecent Western-inspired movements" such as rappers and satanists, state radio said yesterday.

The move signals a widening of a clampdown on "immoral" conduct launched last year against women flouting rules dictating that women comply with Iran's Islamic system.

Gaza Strip

Israel demands soldier in truce talk

CEASEFIRE Israel told an Egyptian mediator yesterday a ceasefire deal with Hamas must address the issue of a captive Israeli soldier. A rocket launched by militants killed an Israeli woman, threatening thetruce. REUTERS

business

Dollar		Oil	
0.12¢	C$ 99.56¢US U.S.$ $1.0044	$124.23US	$1.73

Powerset on Sunday unveiled tools for searching Wikipedia that use conversational phrasing instead of keywords, marking the first step of its challenge to established web search services such as Google. REUTERS

BlackBerry goes Bold

Corporate device likely to broaden consumer base

Shares of Research In Motion Ltd. soared nearly 7 per cent yesterday after the wireless e-mail pioneer took the wrap off a new BlackBerry device that had been the subject of leaks and speculation for weeks.

The first BlackBerry to support so-called third generation, or "3G," wireless technology on GSM networks, is expected to be available by "summer 2008," RIM said. Details of the device, including photos and technical specifications, had been leaked in bits and pieces on the Internet for the past few months.

RIM touted the BlackBerry Bold as a "top-of-the-line, high-performance smartphone designed for professionals." It will likely also appeal to consumers, thanks to its camera, video recording and enhanced web browsing capabilities.

The new BlackBerry 9000, a.k.a. the BlackBerry Bold.

Co-CEO Jim Balsillie said the BlackBerry Bold is evidence that RIM, which claims nearly 40 per cent of its 14 million subscribers are now consumers, hasn't forgot about its core base of corporate clients and their need for secure wireless e-mail.

The unveiling of the BlackBerry Bold comes amid speculation that Apple Inc. is preparing to launch a 3G-version of its consumer-oriented iPhone device in June.

That has led some to wonder whether RIM's strategy is to first defend its core market of business users before plunging further into the consumer space — perhaps with a similar touchscreen device.

TORSTAR NEWS SERVICE

China Inflation near 12-year high

CLARO CORTES IV/REUTERS

A man walks past a billboard for Prada outside an upscale department store in Beijing recently. China's annual consumer price inflation, clinging near a 12-year high, picked up to 8.5 per cent in April from 8.3 per cent in March, the National Bureau of Statistics reported yesterday. Authorities reacted almost immediately, raising the amount that banks must hold in reserve to a record 16.5 per cent, the fourth such increase this year.

Mike Higgin
Mike Higgin joined Metro Ottawa's sales team in 2007 straight from the world of magazines, and brings with him 25 years of advertising sales experience to his new position at Metro Ottawa.
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»news In Brief

» **ENERGY** EnCana Corp. shares surged nearly 7 per cent yesterday after Canada's biggest energy company said it plans to split into a natural gas firm and an integrated oilsands producer to boost its market value. REUTERS

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CHR Jobs, 372 Rideau St.
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Ottawa ON, K1N 1G7

GM to close Windsor plant

McGuinty defends $235M firm got from auto fund

dwindling automotive jobs

» GM is also cutting 900 or more jobs at its Oshawa truck assembly plant in September and has chopped one shift already, eliminating 1,000 jobs. The Canadian Auto Workers union is bracing for more cuts because GM's St. Catharines operations supply some parts to the Windsor plant.

It looks bad that General Motors keeps cutting jobs after getting $235 million in taxpayers' money to boost Ontario operations, Premier Dalton McGuinty acknowledges.

"At first blush, it's counter-intuitive, but I would encourage folks to look beyond the headlines," McGuinty said yesterday after GM revealed 1,400 workers will lose their jobs when its Windsor transmission plant closes in 2010.

"The guarantees we've been able to exact or extract have to do with specific investments or joint partnerships."

GM got almost half the money in the $500-million auto fund, introduced four years ago, which McGuinty has credited for helping to keep Ontario's bragging rights as the top auto-producing jurisdiction in North America. TORSTAR NEWS SERVICE

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Metro is the world's largest international newspaper, with more than 18.5 million daily readers in 100 major cities in 21 countries.

aviation

WestJet, Porter add fuel surcharge

AIR WestJet Airlines Ltd. and Toronto's Porter Airlines have become the latest North American carriers to add fuel surcharges to their airfares in a bid to fight soaring jet fuel prices. Calgary-based WestJet said yesterday it would begin charging an additional $20, $30 or $45 per one-way ticket for short-, medium- and long-haul flights beginning today.

Porter is adding a surcharge of $20 one-way on flights between Toronto and Ottawa and $40 one-way on its other routes. TORSTAR NEWS SERVICE

sports

Flyers defenceman Braydon Coburn, left, is doubtful for tonight's Game 3 of Eastern Conference finals after being hit in the face with a puck during Philadelphia's 4-2 loss to Pittsburgh in Game 2 on Sunday. METRO NEWS SERVICES

Wings take stranglehold

Datsyuk notches hat trick as Detroit gets 3-0 series lead

RED WINGS 5 STARS 2

Pavel Datsyuk recorded his first career playoff hat trick as the Detroit Red Wings took a commanding three games to none series lead with a 5-2 win over the Stars in Game 3 of the Western Conference finals last night in Dallas.

Henrik Zetterberg added a goal and two assists for the Red Wings, who are one win away from reaching the Stanley Cup Finals for the first time since winning the title in 2002.

Chris Osgood made 16 saves in the victory to remain perfect in the postseason.

The 35-year-old netminder has won nine consecutive playoff games — all this season — tying his own franchise record set from the tail end of the 1998 and start of the 1999 playoffs.

Nicklas Grossman and Brad Richards hit the net for the Stars, who look to stave off elimination in Game 4 in Dallas tomorrow.

Marty Turco turned aside only 16-of-21 shots in defeat.

Zetterberg's short-handed goal 1:38 into the third which put Detroit ahead 4-2 was a crippling blow to Dallas, which failed to convert on a pair of early man advantages in the period.

JESSICA RINALDI/REUTERS

Detroit Red Wings forward Henrik Zetterberg, left, celebrates his goal with teammates Chris Chelios and Pavel Datsyuk as Stars goalie Marty Turco skates past last night during the third period in Game 3 of their Western Conference Final series in Dallas.

Datsyuk provided the exclamation point with 2:41 left in regulation with a little help from both sides.

Stars defenceman Matt Niskanen had trouble moving a puck off the boards behind his net, and Zetterberg swooped in to forecheck. He stole the disc, stickhandled through four defenders in the right circle before finding Datsyuk alone in the slot for his eighth goal this playoff year.

Dallas could only muster four shots on goal in the final 20 minutes, leaving the club one game from the end of its season.

Wings forward Johan Franzen, the NHL's leading playoff goal-scorer with 12 markers, did not play for the second straight game due to concussion-like symptoms. His absence did little to slow down the visitors.

The Wings got on the board just before the midway point of the first period in a 4-on-4. Brian Rafalski took a feed in the neutral zone and fed to Zetterberg, who chipped over to Datsyuk on the left side for a backhander which tipped off the left post and in.

Grossman tied the game with 4:47 left in the period, one-timing Mike Modano's cross-ice feed, but the Wings struck back only 37 seconds later with Datsyuk's second of the game.

The Stars knotted the game at the 3:47 mark of the second, when Richards tried a centering pass but the puck deflected off a Detroit defender in the crease and bounced through Osgood.

Jiri Hudler's breakaway tally with 8:06 left in the period put the Wings on top once more, and Detroit nursed the lead to intermission.

METRO NEWS SERVICES

PAUL DARROW/REUTERS

Canada's Dany Heatley celebrates his second-period goal beside Finland's Ossi Vaananen yesterday at the world hockey championships in Halifax.

Canada surges into playoffs

Team set to face Norway in quarters

CANADA 6 FINLAND 3

By **MATTHEW WUEST**
Metro Halifax

Team Canada's demolition drive to the quarter-finals at the world hockey championship is complete.

Everything the defending champions touched turned into a goal yesterday as Canada doubled Finland 6-3 in Halifax, with Prime Minister Stephen Harper among the 9,178 in attendance clapping in approval.

The defending champs are a perfect 6-0 this year, and are riding a 15-game winning streak at the worlds. They face Norway in tomorrow's 4:30 p.m. quarter-final.

"We got pushed harder in this game than we got pushed all tournament," head coach Ken Hitchcock said.

If Canada was pushed in the battle of undefeated teams, it certainly didn't look like it. Despite a tournament-low 22-shot output, Canada had little trouble putting six pucks past Finnish goaltender Nicklas Backstrom.

Clutch contributions continue to come from a different cast of characters each night, and yesterday, it was time to shine for captain Shane Doan and the penalty-killing unit.

Doan and Patrick Sharp scored key shorthanded goals to turn a 1-1 tie into a 4-1 lead after two periods, and Finland — coming off an emotional win over the U.S. the night before — didn't have enough left for a comeback.

"You get a lot of momentum just from killing (penalties) off," said Sharp.

"We were fortunate enough to put some in the net and give us that bonus. It was a huge momentum swing."

NHL

Wilson let go as Sharks head coach

JOBS The San Jose Sharks relieved Ron Wilson of his head coaching duties yesterday, a little over a week since the club bowed out in the second round of the playoffs.

Wilson piloted the Sharks to a 49-23-10 record in the regular season, but the club fell in the conference semifinals to the Dallas Stars.

NHL

Preds keep Erat from free agency

DEALS The Nashville Predators have signed forward Martin Erat to a seven-year contract worth $31.5 million US.

Erat, a restricted free agent, established a career high with 23 goals and tied a personal best with 57 points in 76 games this past season. He has spent his entire six-year career with Nashville.

NFL

Bears sign kicker to 5-year deal

DEALS Chicago Bears placekicker Robbie Gould has signed a new five-year contract extension, the team said yesterday.

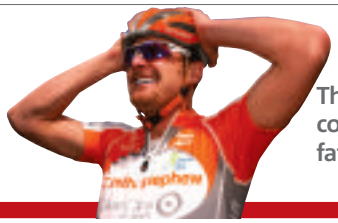
Gould was working for a construction company just three years ago when he was invited for a tryout by the Bears and he has since gone on to become the most accurate field goal kicker in the team's history.

tennis

Federer hopes to carry Olympic flag

HONOURS Roger Federer hopes to celebrate his 27th birthday on Aug. 8 by carrying the flag again for Switzerland at the opening ceremony of the Olympics.

"It's my birthday on the day of the opening ceremony," Federer said yesterday. "Maybe I will carry the flag again for Switzerland." METRO NEWS SERVICES



The World Anti-Doping Agency said yesterday it may seek $1.3 million US in court costs from disgraced Tour de France winner Floyd Landis, left, if the cyclist fails to win his appeal before the Court of Arbitration for Sport. REUTERS

MLB

Cabrera records rare triple play

FEATS Cleveland Indians second baseman Asdrubal Cabrera completed the 14th unassisted triple play in major league history in the fifth inning of last night's 3-0, 10-inning loss to the Toronto Blue Jays.

It was the first unassisted triple play in the majors since Troy Tulowitzki accomplished the feat for the Rockies on April 29, 2007 against Atlanta.

MLB

Youkilis nabs AL weekly honour

AWARDS Boston Red Sox first baseman Kevin Youkilis was named American League Player of the Week for the period ending on May 11.

Youkilis hit .375 (12-for-32) and led the AL with five home runs and tied the league lead with 10 RBIs. Houston Astros slugger Lance Berkman earned the NL honours.

MLB

A-Rod will miss 'Subway Series'

INJURIES The New York Yankees' American League MVP Alex Rodriguez has been ruled out of this weekend's "Subway Series" against the New York Mets.

The third baseman has been sidelined since April 30 after he aggravated an injury to his right quadriceps.

motorsports

FIA to investigate crash with dog

ACCIDENT Turkish Grand Prix organizers could face sanctions after two stray dogs ran onto the Istanbul track and one was hit by Brazilian Bruno Senna's car during a support race on Sunday.

"This was a serious lapse in circuit security and safety," an International Automobile Federation spokesman said yesterday.

METRO NEWS SERVICES

MLB wants to ban Canuck bats

YORK REPORT
MARTY YORK
marty.york@metronews.ca

MLB has, for all intents and purposes, blackballed its controversial home-run king, **Barry Bonds**. Now, it wants to do the same to his old bat supplier.

And the supplier, **Sam Holman** of Ottawa, is livid.

"If they blindside us and ban our bats," Holman told Metro yesterday, "it'd be a huge disservice. It'd be so wrong."

Metro has learned, however, that MLB executives have scheduled a meeting with the players' association solely to propose the immediate banning of maple bats manufactured by Holman's company and others.

Nearly 50 per cent of contemporary major-leaguers use maple bats and 74 players — including the Blue Jays' **Vernon Wells**, the Boston Red Sox' **Manny Ramirez** and the Chicago Cubs' **Alfonso Soriano** — have exclusive deals with Holman's firm.

Ex-Toronto slugger **Joe Carter** was the first to use "Sam Bats" in the majors. He introduced them to Bonds when they were teammates with the San Francisco Giants in 1998. Bonds belted his career-record homer last season with a Sam Bat. This year, Bonds is linked with steroids and can't find big-league employment. Yet he remains close with Holman, who has 12 new Sam Bats on standby "just in case Barry suddenly comes back, although I know he doesn't need the money."

MLB execs are concerned with the frequency in which maple bats have shattered the past two or three seasons. According to their information, it happens an average of two to three times a game. When these bats break, their barrels — thick on one end and splintered and sharp on the other — often fly quickly and unpredictably. Anyone in the park can suddenly be in the line of fire.

Pittsburgh batting coach **Don Long** was scarred recently after catching a broken barrel in his left cheek. He was in the Pirates' dugout when batter **Nate McClouth** shattered his maple bat on a fastball. Long was rushed to hospital and required stitches.

Now, MLB execs fear worse.

Holman, who recently acquired three partners but remains company spokesman, insists his Ottawa-made bats aren't dangerous. He believes his inspection process, plus his methods of cutting and drying maple, make his bats safe. He thinks competitors who followed him into the maple-bat business after 2000 aren't as meticulous and use equipment designed to make furniture, thereby producing unsafe bats.

To paint all maple-bat companies with the same brush would be unfair, Holman maintains. It'd also be unfair to force hitters to suddenly use ash bats.

Bottom line: Look for the players' union to raise hell over this.

In three-plus decades as a columnist and broadcaster, Marty York has built a network of solid contacts and a renowned reputation for his hard-hitting, groundbreaking style. The tradition continues in Metro Sports.

Cavs even up with Celts

LeBron breaks out in important win

CAVALIERS 88 CELTICS 77

LeBron James scored 21 points and dished out 13 assists as the Cleveland Cavaliers pulled away down the stretch to beat the Boston Celtics 88-77 last night, evening their Eastern Conference semifinal series after four games.

Wally Szczerbiak and Daniel Gibson each tallied 14 points for the Cavaliers, who played spectacular defense in the fourth quarter, holding the Celtics to 5-of-16 shooting in the last 12 minutes.

Kevin Garnett had 15 points, but just two of those coming in the second half, for Boston. Rajon Rondo and Ray Allen also scored 15 apiece, but none coming in the fourth quarter. Paul Pierce scored 13 for Boston, which finished at 38.6 per cent from the field, including 3-of-14 from three-point range.

The Celtics, who lost 108-84 at Quicken Loans Arena on Saturday, continued to struggle on the road in the postseason, losing all five of their away games thus far. Game 5 of this best-of-seven series will be in Boston tomorrow.

MATT SULLIVAN/REUTERS

Cavaliers star LeBron James shoots after running into Boston Celtics guard P.J. Brown last night during Game 4 of their NBA Eastern Conference semifinal basketball series in Cleveland.

James, who shot 7-of-20 from the field, also had six rebounds, three steals and a pair of blocked shots.

METRO NEWS SERVICES

Garnett, Bryant named to All-Defensive team

Boston Celtics forward Kevin Garnett and Los Angeles Lakers guard Kobe Bryant were among the players named on the NBA All-Defensive team yesterday.

Garnett was picked on the first team for the ninth consecutive year while Bryant, the league's most valuable player, was chosen for the eighth time.

Last season's Defensive Player of the Year Marcus Camby of the Denver Nuggets completed the selection along with the San Antonio Spurs pairing of Tim Duncan and Bruce Bowen.

REUTERS

SCOREBOARD

NHL

CONFERENCE FINALS
EASTERN CONFERENCE
PHILADELPHIA VS. PITTSBURGH
Game 3 — Tonight
Pittsburgh at Philadelphia, 7:30
Game 4 — Thursday
Pittsburgh at Philadelphia, 7:30
*Game 5 — Sunday
Philadelphia at Pittsburgh, 3
*Game 6 — Tuesday, May 20
Pittsburgh at Philadelphia, 7:30
*Game 7 — Thursday, May 22
Philadelphia at Pittsburgh, 7:30
(Pittsburgh leads series 2-0)
WESTERN CONFERENCE
DALLAS VS. DETROIT
Game 3 — Last night
Detroit 5 Dallas 2
Game 4 — Tomorrow
Detroit at Dallas, 8
*Game 5 — Saturday
Dallas at Detroit, 1:30
*Game 6 — Monday
Detroit at Dallas, 8
*Game 7 — Wednesday, May 21
Dallas at Detroit, 7:30
(Detroit leads series 3-0)
(* – if necessary)

NBA

CONFERENCE SEMIFINALS
EASTERN CONFERENCE
BOSTON VS. CLEVELAND
Game 4 — Last night
Cleveland 88 Boston 77
Game 5 — Tomorrow
Cleveland at Boston, 8
Game 6 — Friday
Boston at Cleveland, TBA
*Game 7 — Sunday
Cleveland at Boston, TBA
(Series tied 2-2)
DETROIT VS. ORLANDO
Game 5 — Tonight
Orlando at Detroit, 7
*Game 6 — Thursday
Detroit at Orlando, TBA
*Game 7 — Sunday
Orlando at Detroit, TBA
(Detroit leads series 3-1)
WESTERN CONFERENCE
L.A. LAKERS VS. UTAH
Game 5 — Tomorrow
Utah at L.A. Lakers, 10:30
Game 6 — Friday
L.A. Lakers at Utah, TBA
*Game 7 — Monday
Utah at L.A. Lakers, TBA
(Series tied 2-2)
NEW ORLEANS VS. SAN ANTONIO
Game 5 — Tonight
San Antonio at New Orleans, 9:30
Game 6 — Thursday
New Orleans at San Antonio, TBA
*Game 7 — Monday
San Antonio at New Orleans, TBA
(Series tied 2-2)
(* – if necessary)

MLB

YESTERDAY'S RESULTS
AMERICAN LEAGUE
Cleveland 3 Toronto 0 (Gm 1)
Toronto 3 Cleveland 0 (Gm 2)
Minnesota 7 Boston 3
Tampa Bay 7 N.Y. Yankees 1
Seattle at Texas
Chicago White Sox at L.A. Angels
NATIONAL LEAGUE
Pittsburgh 5 Atlanta 0 (Gm 1)
Atlanta 8 Pittsburgh 1 (Gm 2)
Washington 10 N.Y. Mets 4
Cincinnati 8 Florida 7
San Diego at Chicago Cubs
St. Louis at Milwaukee
Houston at San Francisco
TONIGHT'S GAMES
AMERICAN LEAGUE
Oakland at Cleveland, 7:05
Boston at Baltimore, 7:05
N.Y. Yankees at Tampa Bay, 7:10
Seattle at Texas, 8:05
Toronto at Minnesota, 8:10
Detroit at Kansas City, 8:10
Chicago Sox at L.A. Angels, 10:05
NATIONAL LEAGUE
Atlanta at Philadelphia, 7:05
Washington at N.Y. Mets, 7:10
Florida at Cincinnati, 7:10
San Diego at Chicago Cubs, 8:05
L.A. Dodgers at Milwaukee, 8:05
Pittsburgh at St. Louis, 8:15
Colorado at Arizona, 9:40
Houston at San Francisco, 10:15

IIHF HOCKEY

YESTERDAY'S RESULTS
AT HALIFAX
CANADA 6 Finland 3
United States 9 Norway 1
Germany 5 Latvia 3
AT QUEBEC CITY
Russia 5 Switzerland 3
Denmark 3 Belarus 2
(End of qualifying round)
TOMORROW'S GAMES
AT QUEBEC CITY
Russia vs. Switzerland, 2
Sweden vs. Czech Republic, 8:15
AT HALIFAX
CANADA vs. Norway, 4:30
Finland vs. U.S., 8:15

LOTTERIES

Ontario Pick 3	5 1 9
Ontario Pick 4	8 2 7 4
Encore	5030027
Daily Keno	1, 4, 12, 14, 23, 24, 28, 29, 35, 37, 38, 40, 46, 49, 50, 58, 59, 60, 65, 69. Results not official

yourmoney

savings accounts/interest rates

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Weddings: Make love, not debt

Save but don't compromise style

Spring has arrived and love is in the air. And with spring, comes our favourite season of all — wedding season! But the excitement and fanfare of planning a wedding is accompanied by the far less romantic reality of going into debt to pay for it all!

Experts estimate that today, the average wedding costs over $20,000. This is a number that used to shock and appall us. That was until we were faced with planning some of our own weddings. Today, we speak from experience when we say that things add up pretty quickly. But like so many women, we weren't willing to sacrifice our perfect day. However, through the whole experience, we did find some simple ways to save, without compromising style.

LESS IS MORE

Have you ever heard the complaint from a bride that her wedding day flew by without nearly enough time to visit with important friends and family? The number of people attending your reception has a major impact on your stress level and your overall wedding costs.

SMART COOKIES
www.smartcookies.com

Not only are intimate weddings chic and exclusive, if you limit your list to just 100 people, instead of 200, you could save as much as $12,000 on food and alcohol.

PICTURE THIS

Wedding photography can range from $2,000 to over $4,000. And while sourcing out an artistic friend for photos is always an inexpensive alternative, there is a way to cut costs with the professionals.

Consider hiring a freelance photographer whose work you admire. This will allow you to skip the pricey wedding packages and save at least $1,000.

Just remember to negotiate for the rights to all the negatives as some photographers make their money by charging for individual prints.

BORROW THE BASICS

When it comes to weddings, friends and relatives are usually honoured to be a part of your special day. So, make a list of all the details you'd like for the day of your wedding. Maybe it's a stylish car to drive or a backyard to host your reception. Don't pass up the generosity of those who love you most.

HEY MR. DJ

If you want a really safe bet to ensure that your wedding will be chicken-dance-free, try asking a friend to act as your DJ. Of course, you'll want to be involved in making the playlist with your favourite songs. Then, once your music is set, just make sure your iPod or laptop is compatible with the stereo and speakers at your reception location and VOILA — instant DJ!

If you have questions for the Smart Cookies or want to share your confessions, please email *smartcookies@metronews.ca*.

The Smart Cookies show you their way to financial freedom. Tune in Wednesday night at 9 p.m. EST/PST on the W Network. Be sure to visit *smartcookies.com* to get new money tips and sign up for our newsletter.

For your wedding, consider hiring a freelance photographer whose work you admire. This will allow you to skip the pricey wedding packages and save at least $1,000.

The refinance dilemma

MONEY MATTERS
HENRY CHOO CHONG
choochonghcga@yahoo.ca

Q Last week, one of the loan managers at my local bank offered to refinance the mortgage on my home. My first mortgage is approximately $200,000 at eight per cent interest rate with two years left. They offered a seven per cent for two years. I would have to pay a $4,400 penalty to break my existing mortgage. Should I take the new mortgage? **-DIMITRI, YORK**

A The mortgage debacle in the United States is being felt around the world and Canada is \ no exception. With falling interest rates, many homeowners maybe faced with refinancing dilemmas. There are many factors to consider, the following approach may help with your decision. Consider these two factors: The interest rate differential and the opportunity cost of penalty.

1. Compare the difference in interest rate: 1% (8%-7%) decrease on $200,000 is a saving of approximately $2,000 per year.

2. Opportunity cost of penalty are what earnings are given up by paying penalty. $4,400 3% GIC less assumed 40% tax rate. You would give up approximately $80 per year

3. Savings if refinanced: Savings less cost of penalty ($2,000 minus $80) is $1,920 per year.

At face value, this does not appear to be a good deal for you. A real estate professional may provide some assistance.

Henry Choo Chong, CGA provides professional accounting and taxation solutions for individuals, businesses and corporations. Henry can be reached at 416-590-1728, ext. 304. E-mail all questions to Money Matters: choochonghcga@yahoo.ca.

Legislative Assembly of Ontario
Assemblée législative de l'Ontario

Bill 48, Payday Loans Act, 2008

Projet de loi 48, Loi de 2008 concernant les prêts sur salaire

The Standing Committee on General Government will meet to consider **Bill 48, An Act to regulate payday loans and to make consequential amendments to other Acts.**

The Committee intends to hold public hearings in Toronto on Monday, May 26, Wednesday, May 28, Monday, June 2 and Wednesday, June 4, 2008.

Interested people who wish to be considered to make an oral presentation on **Bill 48** should contact the Committee Clerk **by 12:00 noon on Friday, May 16, 2008.**

Those who do not wish to make an oral presentation but wish to comment on the Bill may send written submissions to the Committee Clerk at the address below **by 12:00 noon on Wednesday, June 4, 2008.**

An electronic version of the Bill is available on the Legislative Assembly website at: **www.ontla.on.ca.**

Linda Jeffrey, MPP
Chair/Présidente

Trevor Day
Clerk/Greffier

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mind&body

Lemons are prized for their cleansing and detoxifying abilities. Try drinking lemon juice each morning. Simply squeeze the juice of one lemon into a mug of warm, filtered water. ALIVE MAGAZINE

TORSTAR FILE PHOTO

A common workout mistake is to do the same thing over and over again. Try to mix up your routine every eight to 12 weeks for better results.

Workout mistakes

alive

From the editors of alive magazine; alive.metro@alive.com

Here are some common mistakes people routinely make in the gym.

Talking while working out

» Please stop the chatting! Your breathing should be somewhat laboured when using the cardio equipment and your muscles fatigued when lifting weights — leaving little energy for an in-depth conversation.

Training without purpose

» It doesn't matter if you are 16 or 60, have a fitness goal in mind, and train for it with intention and determination.

Avoiding training beyond your comfort level

» Around 90 per cent of us do not train as hard as we should, and the remaining 10 per cent train too hard.

Doing the same old thing

» If you are still doing the same workout you did this time last year, it is time to mix it up. Physiologically, it takes the body about eight to 12 weeks to adapt to a new stress, which is why it is important to continuously change up your routine.

Training only certain muscles

» If you want a functional body you must train the right muscles. It is quite common for people to train only what they can see (for example, the fronts of the arms and shoulders or the legs).

Slouching

» It is essential that you know how and are able to hold a neutral spine throughout an exercise.

Not knowing when to stop

» Unless you are intent on paying for your physiotherapist's next Hawaiian vacation, ask yourself if the pain you are feeling is from muscle fatigue, or whether it could be something more.

Building up too quickly

» Make sure your program is progressive and allows your body to slowly adapt. This is particularly important for the connective tissue. If a load is too great for the connective tissue around the joints to handle, you can cause injury.

Breathing improperly

» A good breathing pattern starts with an inhalation through the nose (while keeping your shoulders from lifting up toward your ears), filling the chest and then the belly. Exhale through your mouth, releasing all the air from the belly.

alive is Canada's award-winning natural health and wellness magazine. Every month alive focuses on traditional and holistic healing, beauty, environmental issues, nutrition, emotional well-being, and supplementation. Pick alive up for free at your natural health store. Visit alive.com for more.

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Looking for the Sensitive Ones

No…this is not a title about finding that sensitive man or woman to spend the rest of your life with. We are not going to discuss how s/he is unafraid to show a sensitive nature by crying at an emotional moment in a movie.

We want to discuss another aspect of sensitivity which might not make you cry, but which can still be quite painful. We want to talk about the pain you may feel if you suffer from **hypersensitive teeth**.

Approximately **one in four adults suffers from hypersensitivity.** And if you think it is only a minor problem, we can assure you it can cause severe **pain and discomfort.** You may not enjoy your favourite hot or cold drinks if your teeth are experiencing hypersensitivity.

In some cases, it may not be a serious problem. Simply **brushing with a toothpaste such as Sensodyne** may be sufficient to alleviate the pain. For many people, this is not sufficient to solve the problem.

There are a number of potential causes for hypersensitivity. It is possible that you have an **old filling** that no longer fits well. If it is leaking, it may need to be replaced. **A new filling,** properly sealed, **may be just what you need to take away your sensitivity.**

However, one of the most common causes of hypersensitivity is the **recession of the gums.** As we age, it is common for our gums to recede, **exposing the root of the tooth** to all those hot and cold drinks we love so much.

Healthy Habits Lead to Healthy Lives
Dr. David Lui
Dental Surgeon

The good news is that there are steps you can take to prevent your gums from receding. **Poor oral hygiene practices** are the most common culprit for receding gums. Perhaps improper brushing techniques are leaving **plaque on your teeth** near the gum line. Over time, the bacteria this will generate will result in gum line recession.

Another common problem is **brushing too hard.** Many people brush their teeth so hard, they actually **push the gums down and away from the teeth.**

Fortunately, **your dentist can help cure your hypersensitivity.** If you are brushing too hard, your dentist will usually be able to tell. If you are not removing all of the plaque when you brush, **a professional cleaning** will do so. Then you can **talk to your dentist and have him/her show you the proper brushing technique and pressure** to apply to make sure your gums remain healthy.

If these steps do not alleviate the pain of hypersensitivity, you may require periodontal treatment. Talk to your dentist to determine **the best treatment option for you.** We would like to help you keep your sensitive feelings away from your teeth!

After all, having the confidence to show your sensitive side is a healthy habit…and healthier habits lead to healthier lives.

Horne opts for comfort styling

Christine Horne, actress, plays Hagar Shipley in the film The Stone Angel (now in theatres). She also plays Desdemona in the upcoming CBC production of Othello:

Q What products make you look and feel good?

A Neutrogena's Healthy Defense Daily Moisturizer with SPF 45 is my friend. I don't wear much makeup in real life. Usually just some lip gloss so I look a little less like a corpse. What I do wear is mostly from Teye Minerals.

Q Describe your style.

A I am woefully out of touch with fashion and try to avoid things that I think might be considered trendy. I like layers of simple, comfortable clothing and vintage dresses.

Q How do you stay fit?

A I walk everywhere that I can and I take the stairs.

Q How do you keep life in perspective?

A I try to enjoy the things I have in my life instead of bemoaning the things I don't. I usually have to remind myself to do it, but it's a much happier way to be.

Actress Christine Horne and The Big Flip II host Kye Husbands.

CELEB BEAUTY
MARCY CORNBLUM
entertainment@metronews.ca

Kye Husbands is co-host of The Big Flip II, airing Saturday nights on HGTV:

Q What products make you look and feel good?

A I love Palmer's Cocoa Butter. It is the only product that I can use to keep my skin moist and smooth, especially in the winter. I also use Aveeno Positively Radiant Cleanser, it keeps me looking young.

Q Describe your style.

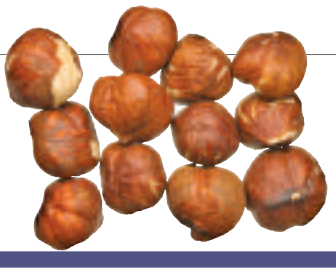
A My famous white T-shirt and blue jeans have lasted the test of time. I tend not to follow fashion trends.

Q How do you keep life in perspective?

A I believe the world is more good than bad and that anything is possible. I love the unknown and welcome challenges. I don't believe that success comes easily or without sacrifice.

Marcy Cornblum is a freelance journalist. She's developed up-close and personal relationships with celebrities including actors, musicians and television personalities.

Macadamia nut oil contains more heart-healthy monounsaturated fat than any other oil. It contains between 80 and 85 per cent monounsaturated fats (the more affordable olive oil, by comparison, contains roughly 70 to 76 per cent). ALIVE MAGAZINE



metro TOP 5IVE

Best proposal spots in the world, according to Travel Weekly:

1. Eiffel Tower, Paris, France
2. London Eye, London, England
3. Oia, Santorini, Greece
4. Alhambra, Granada, Spain
5. Canals of Venice, Venice, Italy

— Metro News Services

Problematic living situations

Young couple needs their independence

RELATING
LISI TESHER
relating@metronews.ca

How solid is your romantic relationship? Do you think it could stand up to most of life's challenges?

That's what we hope for, right? A union in which you and your partner stand together cohesively in the face of duress, and come through any difficulties as a tighter and stronger couple.

But sometimes life throws us a curve ball or two, and it puts our relationship — even the strongest ones — to the test. Sometimes, the situation can't be avoided, such as illness, accident, or death; and other times, we bring it on ourselves. It's these things that we have to watch out for, and remind ourselves to do what's best for us, our partner and our relationship.

A common example would be the young couple who decide to move in with one set of parents while they look for a house to buy, or while building, renovating, or remodelling their existing home. On paper, it seems like a good idea. But in reality it can be a disaster and it can have negative lasting effects.

I know a woman who, with ample space in her home, took in her married daughter. Three years and two kids later, they're all still living together! And both sides complain about it. It's not hard to see that the woman should sit her daughter and son-in-law down, with her husband by her side, and explain that though they love them, it's time for them to get out.

What's taken her so long? She's afraid she'll upset her daughter, she's worried about where they'll go, she enjoys having her grandchildren around, etc. But the living situation isn't healthy for anyone. Boundaries are blurry, the father feels powerless in his own home, and the women argue.

In some cultures, it's common for extended families to all live together under one roof. However, young adults can't flourish unless they have some independence, and young couples need privacy, intimacy and the chance to figure out their roles within their own relationship.

On the flip side, young couples are best to not have roommates — even if it's a best friend or sibling. Having a third party around changes the dynamic and doesn't give the couple the chance to get to know each other on a fair playing field. Living with friends can be great fun, but inevitably, we need to learn about our partners on our own, without any outside influence.

This isn't to say that extended families can't live together ever, but before that decision is made, lines have to be drawn, discussions need to be had, and a mutual understanding needs to be in place.

Family relations are important, and we're lucky if we have a good support system in them. But when it comes down to the trials and tribulations of daily living, we have to know that we can count on our partners, through thick and thin.

Lisi Tesher is a much travelled freelance writer who has studied art history, photography, languages and pop culture. She is also a constant and fascinated student of relationships, maintaining contact with a worldwide network.

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entertainment

Actor Jimmy Fallon, left, has been named the new host of NBC's Late Night, the network announced yesterday. He will likely debut in June 2009. USMAGAZINE.COM

sitcom

Spears could be back on Mother

Spears

CASTING Three times may be the charm for Britney Spears and How I Met Your Mother.

With Spears making her second guest appearance on the abruptly popular CBS comedy, the show's co-creator, Craig Thomas, tells *THR.com* that last night's episode was written to leave the door open for the pop singer to make a return appearance next season. REUTERS

»news

In Brief

» **FASHION** Canwest Broadcasting has kicked off the hunt for Project Runway Canada contestants. Fashion designers can to go to *globaltv.com* to download the official application form. METRO NEWS SERVICES

Breaking down Bob Dylan

I'm Not There

Stars: Cate Blanchett, Richard Gere, Heath Ledger

Distributor: Alliance DVD

14A

DVD REVIEWS

RICK McGINNIS

rick.mcginnis@metronews.ca

THANKS TO A PERSONA composed largely of lies, half-truths and misinformation, a standard biopic of Bob Dylan is nearly impossible to make. Director Todd Haynes rose to this challenge by realizing that the fiction of Dylan is more interesting than any mere reality, and used it to tell the story of one of music's most famous recluses, albeit one who has been hiding in plain sight for more than 40 years.

Casting six different actors to play Dylan was doubtless a stunt, but it elegantly reflects the phases and periods that subdivide the singer's long career into discrete sections. The weakest is probably the briefest; even after two viewings, I'm having a hard time seeing Ben Whishaw's Dylan-as-Arthur-Rimbaud-testifying-in-front-of-HUAC as really essential to the movie.

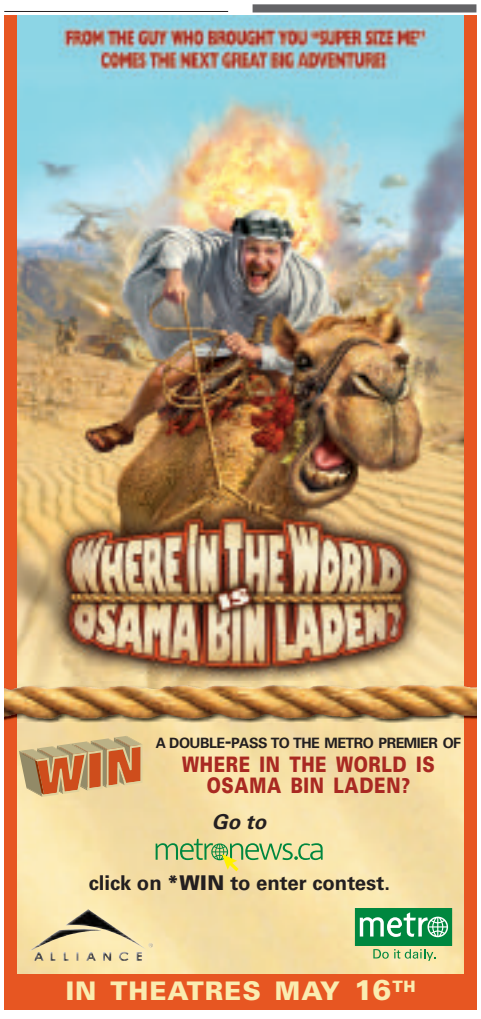
Cate Blanchett's Dylan-mania Dylan is suitably skittish, and far more vulnerable than the real thing, while Richard Gere's Basement Tapes Americana Dylan hints at the stillness the man assumed as a more mature artist, reacting to the most painstakingly surreal vision of Dylan's mental landscape with an eloquence that helps ground the whole sequence.

The best, sadly, is Heath Ledger's Blood On The Tracks Dylan, the big star reaping the emotional turmoil that his cruelty and selfishness brings him like an overdue bill. It's the most naturalistic section of the film, and Ledger and co-star Charlotte Gainsbourg fill it with a dull, bitter emotional ache. A second disc of bonus features feels a bit thin, except for a feature on the film's soundtrack which, with its wild collision of old and young musicians, constitutes a whole separate tribute to Dylan independent of the movie.

Heath Ledger, left, and Cate Blanchett both play Bob Dylan in I'm Not There, now on DVD.

more online

» For reviews of All You Need Is Love, The Great Debaters, Numb, Indiana Jones and the Raiders Of The Lost Ark, Indiana Jones and the Temple Of Doom, Indiana Jones and the Last Crusade, Saturday Night Live: The Complete Third Season and Seven Wonders Of The Industrial World, visit *metronews.ca*.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television

Washington files Grey's complaint

Washington

DISPUTE Isaiah Washington has filed a complaint with the Screen Actors Guild over ABC's use of his picture in an episode of Grey's Anatomy.

The mug of Washington's Dr. Preston Burke was featured in a "newspaper article" about the character receiving a prestigious surgeon's award in an episode that first aired May 9.

But Washington, who left the show in 2007 amid controversy over his allegedly referring to cast mate T.R. Knight with a homophobic slur, claims the producers failed to get consent for the use of the picture. REUTERS

Steven Spielberg is planning a movie about former U.S. president Abraham Lincoln and the American Civil War. He told the magazine FOCUS that filming could start in early 2009. ANANOVA.COM

in court

Divorce decreed for McCartney

PEOPLE The ill-fated marriage of former Beatle Paul McCartney and his estranged wife, Heather Mills, came to a formal end during a 30-second hearing yesterday at London's High Court.

Justice Hugh Bennett said the petition for divorce by Mills was granted on the grounds that the couple had lived apart for two years.

Neither McCartney nor Mills were in court for the decree. The brief hearing contrasted with the protracted fight over the divorce settlement earlier this year.

casting

The Hills star lands film role

MOVIES Audrina Patridge, one of the subjects of the hit reality series The Hills, has landed her first film role. Patridge has joined the cast of Into The Blue 2, a sequel to the 2005 Jessica Alba-starring action-adventure film.

Patridge is the first reality celebrity from The Hills to get an acting role in a film. The show's Lauren Conrad appeared as herself in the 2007 Regency comedy Epic Movie.

box office

Iron Man holds onto No. 1 spot

FILM With an estimated weekend gross of US $39 million from about 7,600 screens in 61 overseas markets, Iron Man bested newcomers What Happens In Vegas and Speed Racer to retain its No. 1 rank on the international circuit.

But second-frame results for the Marvel superhero represented a nearly 60 per cent drop from the high-flying tally ($95.5 million) recorded in its opening surge. It only landed $16 million ahead of Vegas and $26.2 million over Speed Racer. REUTERS

Strike didn't bother this columnist

IDIOT BOX

RICK McGINNIS
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500 CHANNELS AND NOTHING TO WATCH: One of the great things about writing a TV column without having to watch the stuff that comes down the broadcast pipeline is you can appreciate the suffering of other — some might say "real" — TV critics who feel obliged to spend valuable hours watching primetime and quality cable that might otherwise be spent reading help wanted ads, perfecting your bread pudding recipe, or working on your aim.

With the end in sight, Adam Buckman of the New York Post was moved to write yesterday that "with a 15-week strike halting production, the 2007-08 season will be remembered as one of the most confusing messes in the history of TV," just after definitively pronouncing it "the Worst. Season. Ever."

The last year's television was so bad, Buckman insists, it literally drove viewers crazy, inspiring them to send in peanuts, light bulbs and birdseed to network executives to keep shows like Jericho, Friday Night Lights and John From Cincinnati on the air. "CBS actually acquiesced to the peanut campaign and brought back Jericho," Buckman noted, "only to watch it sink like a stone." Which goes to show, truly, no good deed goes unpunished.

Buckman claims there was a point when people actually believed the writers' strike would turn out to be an "incubator for innovation," though as far as I can tell this was more like knowing people who believe in Bigfoot — you're sure such people must be out there, though it's unlikely that you're ever going to meet one.

"After the strike ended, the networks became desperate for something to promote," Buckman writes. "And what emerged as the most-promoted stunt this season? Britney Spears guest-starring as a receptionist on How I Met Your Mother."

This particularly irritates Buckman, who insists "CBS's publicity in support of the Spears appearance was so overheated you would have thought Lucille Ball had been coaxed back from the dead."

Reading this, I couldn't help but feel sorry for Buckman for having what sounds like an intimate relationship with CBS' publicity department, inasmuch as they've made Spears' primetime cameo seem like a major event, and not the mere blog item or YouTube clip it seemed like to me up here in the frozen wastes of CBS-publicity-doesn't-know-me-from-Adam-land. If this is a side effect of access, I consider myself grateful for outsider status.

This is, as I've mentioned before, my 500th Idiot Box column, and my 1000th as a TV columnist for Metro, a job I took on with the sort of enthusiasm reserved for the guy in the war movie who gets sent ahead to scout around a few minutes after we see him write a sweet letter to his girl back home. No surprise then, that the most fun I've had in the last few months was during the writers' strike, when there was no obligation whatsoever to try and watch what, after all, wasn't actually on TV, since this was entirely beside the point.

Rick McGinnis writes about music, movies, books and television, but not opera. He walked 47 miles of barbed wire and has a cobra snake for a necktie.

	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 5/13/08	265	353	2	TVO	Parks	Canadian Rivrs	The Agenda With Steve Paikin		Foyle's War "Broken Souls"		RX for Survival		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	NCIS "About Face" (N)		Shark "One Hit Wonder"		Boston Legal (HDTV) (N)		News (N)
	-	-	5	SRC	Des squelettes	Tout	Beautés désespérées (SC)		Bons baisers de France (SC)		Le Téléjournal (N) (SC)		La Zone
	209	342	6	CHRO	Wheel-Fortune	Degrassi: Next	According-Jim	According-Jim	Behind Enemy Lines ★★ (2001, Action) Owen Wilson.				News (N)
	196	311	7	CTV	eTalk	Jeopardy! (N)	American Idol		Dancing With the Stars		Law & Order: SVU		News (N)
	208	303	8	CBC	TBA	NHL Hockey: Eastern Conference Final Game 3 -- Penguins at Flyers					CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Outrageous	Outrageous	Law & Order: SVU		Law & Order: SVU		News (N)
	117	713	10	TVA	Les Anges de la rénovation		Histoires-filles	Caméra café	La Grande Évasion		Le TVA 22 heures (N) (SC)		Lévesque
	-	-	11	QS	Chemin du golf	Par acquit de conscience (1994, Suspense) Lynda Carter. (SC)				Sexy Cam	Journal du soir	(10:45) Cent dix pour cent	
	137	763	12	TFO	Panorama en direct		Au-delà du tsunami		Les Amants réguliers ★★ (2005, Drame) Louis Garrel.				Génie
	-	362	13	CBS	Dr. Phil		NCIS "About Face" (N)		Shark "One Hit Wonder"		Criminal Minds (HDTV)		Two/Half Men
	216	395	14	OMN2	Law & Order: SVU		News (N)		News (N)		King	King	Cold Case
	214	344	15	CITY	Friends	Hollywood	Beauty and the Geek (N)		(9:02) Hell's Kitchen		Entourage	Batter Up	News (N)
	115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	CH	The Insider (N)	E! News	THS Investigates Hazing				Women's Murder Club		News (N)
	-	361	20	ABC	News (N)	Entertainment	According-Jim	According-Jim	Dancing With the Stars		Women's Murder Club		News (N)
	512	396	24	CPAC	Revue Politique		L'Heure politique		La Période de questions		Revue Politique		Heure polit.
	651	355	25	CTS	Full House	Facts of Life	Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	American Idol		(9:02) Hell's Kitchen		News (N)		News
	-	-	64	PBS	Business Rpt.	Beijing-Ready	Nova (HDTV) (N) (DVS)		Frontline "Storm Over Everest" (HDTV) (N) (DVS)				Tavis Smiley
news	205	312	104	CTV	Hollywood	eTalk	American Idol		Dancing With the Stars		Law & Order: SVU		News (N)
	502	390	26	NW	News (N)	Newman	The Hour		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	European Poker Tour		MLB Baseball Toronto Blue Jays at Minnesota Twins. (HDTV) (Live)						Sportsnet Con.
	126	730	28	RDI	Dominique Poirier en direct		Grands reportages (SC)		Le Téléjournal (SC)		Le Club des ex	Le National	Le Téléjournal
	400	280	30	TSN	That's Hockey	NBA Basketball: Eastern Conference Semifinal Game 5 -- Magic at Pistons					SportsCentre (HDTV) (Live)		
	410	403	52	SCR	NBA Basketball Teams to Be Announced. (Live)						Score Tonight		The Spin
family	411	457	56	OLN	Exploration	Videos	Survivorman "South Pacific"		Odyssey	Surf Patrol	Adventures	Stranded: With	Pilot Guides
	417	406	59	SC	Pinks	Pass Time	Countdown	All-Star Spot.	Wind Tunnel Special Edition		Unique Whips		Pinks
	554	544	48	TEL	George-Jungle	Road Runner	Scooby-Doo	Futurama	Tripping-Rift	Tripping-Rift	Robot Chicken	Robot Chicken	Tripping-Rift
	557	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Mon. Warriors	Futurama	Shadow Raider	Falcon Beach (DVS)		Mystery Hnt.
cable variety	570	580	29	MM	mmmtop	Uncovered	Listed		Fabulous Life Of...		Hogan Knows	Hogan Knows	Listed
	615	520	31	A&E	CSI: Miami (HDTV)		The First 48 (HDTV)		The First 48 (HDTV)		Gene Simmons	Gene Simmons	Gene Simmons
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		DEA (HDTV)		CSI: NY
	521	560	34	TLC	The New Detectives		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries		Dateline Myst.
	145	761	35	TV5	Toute une histoire		Pékin express "Krasnoiarsk" (Partie 5 de 12)			Fourchette	Solo parent		Journal TV5
	616	521	39	SHO	ReGenesis "Talk to Him"		Blue Murder "Homeless"		Trailer Park	Kenny-Spenny	CSI: NY (HDTV)		House
	620	523	40	BVO	Bazart	Bravo!Videos	Samba Squad		Road to Baleya		Yo-Yo Ma Live-Rehearsal Hall		Law & Order
	520	505	42	DIS	Daily Planet (N)		How It's Made	How It's Made	Smash Lab (N)		Deadliest Catch "Striking Out"		Daily Planet
	575	583	43	CMT	Chevy Cross Canada		Beyond Chance		Reba	Hope & Faith	Home Improve.	Roseanne	CMT30
	601	562	45	SLC	Women on Top	Til Debt-Part	Newlywed	Matchmaker	Superstar Hair Challenge		Plastic-Perfect	Rocker Moms	Newlywed
	625	548	46	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	MADtv		Daily Show
	294	529	47	TBS	Family Guy	Family Guy	Assassins ★★ (1995, Action) Sylvester Stallone, Antonio Banderas.					Frasier	Seinfeld
	600	564	49	H&G	House Hunters	Buy Me	Designer Guys	Design Inc.	Colin & Justin's Home Heist		Green Force	Outside	Colin & Justin
	627	528	50	SPC	Stargate SG-1 "Summit"		Star Trek: Voyager		Star Trek: Next Gener.		Hex "The Story Begins"		Stargate SG-1
	581	566	53	MTV	MTV e2	Cribs	4REAL	MTV Peaks '08	Shot at Love-Tila Tequila		Shot at Love-Tila Tequila		MTV Live
	618	524	54	TROP	News Show	News Show	ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld	Frasier	Family Guy
	522	506	55	HIS	JAG "Pulse Rate" (DVS)		Digging for the Truth		Bloodlines (Part 2 of 2)		Crime Stories		JAG (DVS)
	129	773	60	CD	Biographies "Vera Wang"		Les Richardson (HDTV)		Vidéo patrouille		Autopsie		Police de l'air
	261	394	61	V	Murder, She Wrote		'Allo, 'Allo!	On the Buses	Quantum Leap (Part 1 of 2)		Jozi-H "Beginnings"		Mysterious
	602	567	62	W	Will & Grace	Friends	Maxed Out	Style by Jury	Kim	Style by Jury	Good Naked	Good Naked	Maxed Out
	269	350	70	APTN	Wilpogwad	La Course	Regards	Presserebel	Guides	Tears	Heavy Metal: Mining Disaster		Moccasin Flats
	621	527	71	TLK	Look-A-Like	Hollywood	TMZ (N)	eTalk	Hey Paula	Girl Next Door	The Tonight Show-Jay Leno		eTalk
	603	561	95	FN	Ricardo	Chef at Home	Restaurant Makeover		Chef School	At the Table	Kitchen Nightmares		Restaurant

critics'corner

South Park

All parents dread card game crazes based on cartoons — and vice versa. It means more nagging to buy more stuff and less quality family time. Who wants that? Certainly not the moms and dads of South Park, who have to come up with a way to get their kids' attention back after a new craze called "Chinpokomon" sweeps through the town. 9:30 PM on 46 COM

NCIS

Ducky (David McCallum) must be feeling like the Jessica Fletcher of the NCIS team. Like the "Murder, She Wrote" heroine who kept losing friends to murder, he's had one assistant incapacitated by a gunshot, and now his current right-hand man, Jimmy Palmer (Brian Dietzen), has become the target of a killer. Gibbs (Mark Harmon) and the team scramble to solve the case and save their friend. Cote de Pablo also stars in the new episode "About Face." 8 PM on 3 GTV

celebritybuzz

Stephen Lovekin /Getty Images

Bono's impromptu birthday bash

It wasn't your ordinary dinner party for 12 on Friday night – though there was cake and champagne.

To celebrate his 48th birthday, U2 front man Bono held a small dinner party at Sass' Café in Monaco, People.com reports. On the guest list: actor Brad Pitt, Monaco's Prince Albert II and U2 guitarist The Edge.

"It was really quite a surprise," the café's maitre de told People magazine. "It wasn't organized in advance. We only got called on it that afternoon."

The dinner, arranged by Bono's wife Ali Hewson, began with red wine at 10 p.m., according to staff, even before The Edge arrived for the evening.

The meal was followed by a champagne toast and strawberry cake lit with candles; a staffer described the party as "tres speciale."

Bono's birthday was actually on Saturday.

Metro News Services

Malene Arpe

To be young, buff and in love

Singer Justin Timberlake and actress Jessica Biel have topped a new list of Hollywood's Buffest Couples, femalefirst.co.uk reports.

The twosome beat model Gisele Bundchen and football player Tom Brady, and High School Musical's lovebirds Zac Efron and Vanessa Hudgens among others to land at No. 1 on the new In Touch magazine hotlist. Also making the Top 10 are actors Jerry O'Connell and Rebecca Romijn, singer Fergie and actor Josh Duhamel, and actress Eva Longoria Parker and basketball player Tony Parker.

Metro News Services

Bryan Bedder /Getty Images

Marriage is 'antiquated'

Kristin Davis doesn't want to get married, femalefirst.co.uk reports.

The actress, who is single, is in no rush to find a husband because she believes marriage is an "antiquated" institution. "I feel like it's important to say that not everyone has to get married," she says. "It's like this crazy antiquated 1950s thing and that's not the way life is."

Davis admits she is nothing like her Sex And The City character Charlotte, who was always desperate to settle down and get married.

"My life is very, very different from Charlotte's," Davis said. "I'm much more independent."

Metro News Services

Mischa was 'photoshopped': Rep

A representative for Mischa Barton has hit out at publications printing unflattering photos of the actress – insisting the images were manipulated in a bid to sell more magazine copies, imdb.com reports.

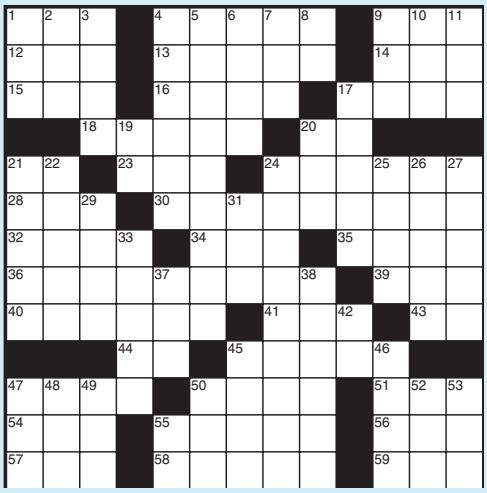
Images of Barton, many of which showed her with cellulite on her thighs, were splashed in various magazines and online last week.

Spokesperson Lisa Perkins is adamant someone tampered with the photos to suit their own financial gain.

"Those photos are doctored," Perkins told The New York Daily News. "I'm not saying she's perfect, nobody is. But they've given a 22-year-old woman the legs and bottom of an 80-year-old. There's a lot you can do with Photoshopping."

Metro News Services

Astrid Stawiarz /Getty Images



down »

1 — out (relax)
2 Irving or Grant
3 Without feeling
4 Girders (hyph.)
5 Discount
6 Seasons
7 Vacation acquisition
8 Space width
9 Crony
10 NOW cause
11 Second notes
17 Figure-skating leaps
19 Dorothy's aunt
20 "Who — — to say?"
21 Frat letter
22 Thong
24 Didn't vote
25 Liver output
26 Poet's blue
27 Palm readers, maybe
29 Roof edge
31 Fore opposite
33 Half the parents
37 Sahib's rule
38 Loafers
42 Basaltic lava
45 Pork cut
46 "Murder by Death" actor
47 Cherry seed
48 St.
49 Billy — Williams
50 Prior to yr. 1
52 Coffee server
53 Beluga delicacy
55 Prairie st.

across »

1 Camper, maybe
4 Fuming
9 — annum
12 Trendy meat
13 Got going
14 "We — not amused"
15 Locker locale
16 Shangri-la
17 Sorrowful cry
18 Gentleman callers
20 Toolshed item
21 Sunflower st.
23 XXI times C
24 Protozoans
28 Had a snack
30 Make firm
32 Nanny's vehicle
34 Maybes
35 Slide sideways
36 Famed tenor
39 Be mistaken
40 Tarzan's moniker
41 Town in Oklahoma
43 Element no. 99
44 Foyt's initials
45 Soft purple
47 Water lily leaves
50 Doggie treat
51 Not just mine
54 — had it!
55 More chilly
56 — -Magnon man
57 Fairway gizmo
58 Provides temporarily
59 Countdown number

previous answer

	K	I	D	D	Y		E	S	S	A	Y	
X	A	N	A	D	U		L	E	A	D	E	D
E	Y	E	D		K	M	A	R	T		L	E
N	O	R				E	T	E		A	L	F
A	S	T	I		D	O	E		C	H	I	A
			S	H	A	W		B	L	A	N	C
S	C		S	I	P		R	A	E		G	E
P	A	Y	U	P		P	U	R	R			
A	L	E	E		F	I	N		K	A	T	O
R	I	A		T	O	E				I	R	K
K	B		B	U	R	R	O		A	S	E	A
S	E	L	E	C	T		V	A	L	L	E	Y
	R	A	N	K	S		A	R	I	E	S	

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HOROSCOPE

ARIES | March 21-April 20
Exceptional financial changes take place. A mall is the setting for a magical experience. A worker is just asking for trouble.

TAURUS | April 21-May 21
Help out with a young guy. Be precise when giving an estimate. Woeful grumblers cause fruitless discussions.

GEMINI | May 22-June 21
It's impossible to do everything yourself. Don't let vanity provoke misunderstandings. Bypass a new buddy to spend time with loved ones.

CANCER | June 22-July 22
People help you to fill up your extra time. A boy makes a fair exchange. A female's aching heart needs attention.

LEO | July 23-Aug. 23
A coward does an unlikely good deed. A diva will leave the scene of a crime. A woman builds a bridge to better understanding.

VIRGO | Aug. 24-Sept. 22
Resist the comeback of a shady person. Dissatisfaction with career prospects flares up. A dependent friend wants you to play.

LIBRA | Sep. 23-Oct. 23
Nobody will be deceived by appearances. An enchantment will give false comfort. Don't leave a tense crisis unresolved.

SCORPIO | Oct. 24- Nov. 22
A struggle is about being kind to strangers. Emotional ranting should be avoided. A woman will do anything for love.

SAGITTARIUS | Nov. 23- Dec. 21
Someone is ready to run away from a blunder. Beware of a decision-maker with a complaint. Talking interferes with a deadline.

CAPRICORN | Dec. 22-Jan. 20
Develop respect for a smarter person. An offender wants to be justified. A youngster regrets an unlawful action.

AQUARIUS | Jan. 21-Feb. 18
A social gathering will improve your mood. An associate gives a chance for reconciliation. A peculiar person stands by you.

PISCES | Feb. 19-Mar. 20
Don't interfere with dawdling progress. Be serious with a smelly guy. See a film with someone who gives advice.

AVATAR VENUS

	6	7	1		2	5	9	
2	8						7	3
		6	4		1	7		
	9			5			6	
		5	8		6	3		
1	7						4	2
	2	4	9		3	1	8	

instructions »

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time »

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

previous answer

4	8	9	3	5	1	7	2	6
1	5	2	4	7	6	8	9	3
7	3	6	9	2	8	5	1	4
8	7	1	2	3	4	9	6	5
3	2	5	8	6	9	4	7	1
9	6	4	5	1	7	3	8	2
2	4	7	6	9	3	1	5	8
5	1	8	7	4	2	6	3	9
6	9	3	1	8	5	2	4	7

This Day IN HISTORY

May 13, 1846: Mexican-American War: The United States declares war on Mexico.

May 13, 1861: American Civil War: Queen Victoria of Britain issues a "proclamation of neutrality" which recognizes the breakaway states as having belligerent rights.

May 13, 1981: Mehmet Ali Agca attempts to assassinate Pope John Paul II in St. Peter's Square in Rome.

WIKIPEDIA.ORG

Ottawa weather

The Weather Network
theweathernetwork.com

Afternoon	Tonight	Wednesday	Thursday	Friday
Mainly sunny. 22°	Clear. 9°	Sunny. 23°/ 9°	Variable. 19°/ 6°	Partly cloudy. 19°/ 7°

Temperature
Normals
High: 17.5°
Low: 6.2°

Records
High: 28.2°/1985
Low: -1.1°/1949

Sunrise: 5:34 a.m.
Sunset: 8:24 p.m.
Moonset: 2:41 a.m.
Moonrise: 2:07 p.m.

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